

## Food Pantry Wish List

Protein Foods: Meat, Dry beans, Nuts	Grains: Bread, Cereal, Rice, and Pasta		
Canned tuna	Rice mix (Rice-a-Roni, Uncle Ben's)		
Canned chicken	Canned pasta (Spaghetti-o's, Ravioli, etc.)		
Canned Beef Stews	Dry noodles and pastas		
Cream of Chicken soup	Boxed macaroni and cheese		
Bean soups	Boxed potato dishes (au-gratin, mashed)		
All varieties of canned soups	Hamburger Helper or Tuna/Chicken Helper		
Beans (dry or canned)	Boxed cereal (Frosted Flakes, Trix, etc.)		
Canned chili	Oatmeal		
Pork and beans	Corn muffin mix		
Peanut butter	Pancake mix		
Peanuts, mixed nuts, trail mix	Crackers and chips		
	Granola bars		
	Flour and cake or brownie mix		

Vegetables	Fruit	Oils and Condiments	Dairy
Vegetables Canned vegetables Potatoes Carrots Peas Mixed vegetables Corn	Fruit Canned fruit Applesauce 100% juice Dried fruit	Oils and Condiments Vegetable oil Salad dressing Syrup Jelly and jam Honey Sugar	Dairy Shelf-stable milk
• Etc. Vegetable soup Canned tomato products Spaghetti sauce Manwich / sloppy joe mix		Mayonnaise Mustard Ketchup	

We do not accept any items that are open and/or partially used.

PANTRY

OUTREACH CENTER

JOHN 14:12

FOOD